

College Taster Pack
Health and Social Care
Level 3



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Welcome

Welcome to Health & Social Care.

We are looking forward to welcoming you on to your course in September, to help you get ready to start the new chapter in your education we have included some activities linked to the first units you will study.

Please complete these tasks and bring them with you on your first day in college.

We hope you enjoy these tasks as they will give you a taster of what the course will entail.

Level 3 Health and Social Care – BTEC Foundation Diploma

Within your course you will complete 6 units within the first year and these will include:

- Human Lifespan Development
- Nutritional Health
- Physiological Disorders and their Care
- Working in Health and Social Care
- Principles of Safe Practice
- Meeting Individual Care and Support Needs

You will also complete 315 hours of Industry Placement

You will need to purchase a college uniform using the link below:

<https://www.sewschoolshop.com/collections/abingdon-witney-college>

Please remember a college day is between 9.00 -5.00 if you are applying for any part time jobs!



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Preparation Tasks

Unit 5 Meeting Individual Care and support needs:

Effective Communication in health and social care

Communication is defined as 'the imparting or exchanging of information by speaking, writing or using some other medium'. (Oxford dictionary)

Produce an information pack to explain the role of effective communication and interpersonal interaction in a health and social care for staff new to working in healthcare.

You need to include the following:

- Types of communication – verbal, non-verbal and written
- Expressive and receptive communication definitions
- Alternative forms of communication such as braille, Makaton and BSL
- Contexts: one-to-one; groups, e.g. formal, informal, between colleagues, between professional and people using services
- Barriers to communication – environmental, sensory, cultural differences etc

Please research and include a diagram to illustrate Michael Arygle's Communication Cycle (1972)



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Please watch the following clip and note down examples of both good and bad communication

<https://www.youtube.com/watch?v=enWD6SETL04>

Good communication	Poor communication



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I N Y N Z O J H E N K R Z B H U M C L Q
K D E I O F E N U X J I M P H B W G B Q
Y E D T O I O P I B J Z V P Y R M X H P
L B H B S H T G E S T U R E S A U F B K
H A L I P I X A D Q V M E W K I N J V G
M K N E F U L A C S V O C A M L T E X T
Y I L G Y A K Y Z I C S T S Z L O E K L
C E L W U A J A X W N O J X W E K W M D
T M J K H A P D T V N U S T N E B Q N M
J K S X P R G E W N M D M X E M J M Y D
A T Q C Y O P E H G R E I M T K N A T P
N O Z O X T W B P O C R A N O G Q H I P
H C E E P S E U W J A D C O Q C Q Y M E
K R Y D Y D L S Q M S O Q X M N H N I Y
H O M I S U I F U M E G J Y T F T E X C
C P H G R Y M K Q N X N L R Q U I G O P
H A R V B P S O W Z R F N Y A P G A R N
F M N A F H W U N F A E C U H G M D P B
Z N W O P K Y F B Y P U B T G F X N B I
Z C L G F P I M C Q P T M G T U E W X O

BRAILLE
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